

Kurasushi allergen and calorie information (Please refer to a separate PDF for information on the Uwajima Store.)

We've done it!! We have kept the big 4 additives out of all our food ingredients since opening.

● Chemical seasonings ● Artificial sweeteners ● Artificial colorings ● Artificial preservatives

* Among the 8 specified allergenic ingredients and 19 related ingredients, none of our items contains matsutake mushrooms.
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As of May 2, 2025
Standard Sushi

●...Contains allergen
▲...Manufactured on equipment used to manufacture products containing

Item	Calories per dish (kcal)																											
		Not applicable	Egg	Wheat	Milk Ingredients	Peanuts	Buckwheat	Shrimp	Crab	Walnut	Squid	Salmon roe	Salmon	Mackerel	Beef	Chicken	Pork	Soy bean	Orange	Apple	Geatin	Banana	Kiwifruit	Japanese yam	Peach	Sesame	Abalone	Cashew nut
Red Rice Prawn (1PC)	46							●			▲		▲	▲														
Ark Shell	68	●																										
Horse Mackerel	85										▲		▲	▲														
Seasoned Boiled Egg	140		●	●					▲				▲	▲			▲	●		●	▲							
Conger Eel	94			●										▲			▲	●		●								
Seared Shrimp with Cheese	97		●	●	●	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲
Seared Shrimp Mayo Gratin Style	186		●	●	●	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲
Seared Salmon with Cheese	120		●	●	●	▲		▲	▲	▲	▲	▲	●	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲
Seared Pork with Cheese	146		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	●	●	●	●	●	●	▲	▲	▲	▲	●		▲
Sweet Shrimp Sushi	77							●	▲									●	●	●								
Sweet Shrimp and Mayo	111		●	●				●										●		●								
Abalone Sushi	78																										●	
Squid and Okra	87			●							●							●										
Squid Tempura Sushi	201		●	●	●	▲		▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Salmon Roe	93		▲	●	▲			▲	▲			●						●										
Ikejime Pangasius	75			●														●										
Stuffed Sushi	117			●										●				●										
Extra-fatty Iberian Pork	115			●													●	●										
Seafood Gunkan with Sea Urchin	89		▲	●	▲			▲	▲		●	▲	▲	▲	▲	▲	▲	●	▲	▲	▲					▲		▲
Beef with Tasty Sauce	102		●	●	●			▲	▲						●		▲	●		●	●	●				●		
Salmon Roll with Tasty Sauce	103			●				▲			▲		●	▲				●		●	●					●		
Tuna Gunkan with Tasty Sauce	107			●														●		●						●		
Shrimp	74							●																				
Shrimp Avocado	118		●	●				●										●		●								
Shrimp Tempura Sushi	135		●	●	●	●		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Shrimp Tempura Hand Roll (1PC)	113		●	●	●	▲		●	▲		▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Shrimp with Mayo	182		●	●				●										●		●								
Flounder Fin	94		▲	▲									▲					▲										
Large-cut Fatty Salmon (1PC)	70												●															
Large-cut Yellowtail (1PC)	60	●																										
Seared Large-cut Salmon Belly (1PC)	85			●	●								●					●			●							
Large-cut Salmon with Salt and Yuzu (1PC)	59												●															
Large Salmon Roe (1PC)	55			●								●						●										
Octopus with Shiso Leaf	71	●																										
Japanese Squid with Shiso Leaf	75										●																	
Extra Large Scallop Sushi	79			●														●										
Salmon with Onion	116		●	●				▲					●	▲	▲			●		●								
Seafood & Sea Urchin Handroll (1PC)	47		▲	●	▲			▲	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲					▲		▲
Crab with Mayo	120		●	●				▲	●				▲	▲				●		●								
Crab Innards	86								●																			
Crab Yukhoe	112		●	●				▲	●									●		●	▲							
Gourd Strip Roll	149		▲	●	▲			▲	▲		▲		▲	▲		▲	▲	●		▲	▲					▲		
Sukiyaki-style Beef Gunkan	142		●	●	●			▲	▲						●			●		●	●							
Cucumber Roll	120		▲	▲	▲			▲	▲				▲	▲		▲	▲	▲		▲	▲						▲	
Marinated Premium Albacore	91			●														●										
Corn Mayo	169		●	●	●													●		●								
Exquisite Imitation Crab Meat	84		●	●				●	●									●										
Salmon	93							▲					●	▲														
Salad	178		●	●	▲			●	●									●		●								
Seafood Salad	141		●	●	●			●	●		●			●		●	●	●		●	▲							
Yellowtail with Salt Sauce	107	●																										
Seared Aged Extra-Fatty Tuna (1PC)	77		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Seared Aged Medium Fatty Tuna(1PC)	72		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Aged Marinated Tuna	85			●														●										
Cured Fugu (1PC)	39			●														●										
Aged Red Sea Bream (1PC)	41	●																										
Pickled Daikon Radish Roll	141		▲	●	●			▲	▲		▲		▲	▲		▲	▲	●		▲	▲					▲		
Japanese Omelette	114		●	●	▲								▲	▲				●		●	●							
Cod Milt with Ponzu Gelée Gunkan	94			●	●			▲	▲					●				●		●								
Pollock Roe with Mayonnaise Gunkan	127		●	●														●		●	●							
Salted Spicy Cod Innards	98			●																								

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As of May 2, 2025

Seasonal Sushi

Item	Calories per dish (kcal)	Allergens																										
		Not applicable	Eggs	Wheat	Milk Ingredients	Peanuts	Buckwheat	Shrimp	Crab	Walnut	Squid	Salmon roe	Salmon	Mackerel	Beef	Chicken	Pork	Soy bean	Orange	Apple	Gelatin	Banana	Kiwifruit	Japanese yam	Peach	Sesame	Abalone	Cashew nut
Clam with Sauce	117			●									●					●		●						▲		
Conger Eel & Cucumber-Roll	155		▲	●	▲			▲	▲		▲	▲	▲			▲	▲	●		▲	▲							
Seared Tuna Yukhoe with Salt Gunkan	133		●	●												▲	▲	●								●		
Sweet Shrimp Duo	83						●																					
Extra Large Ikejime Shrimp (1PC)	44						●																					
Bering Sea Cockle	72	●																										
Eel & Cucumber-Roll	171		▲	●	▲			▲	▲		▲	▲	▲			▲	▲	●		▲	▲					▲		
Eel & Omelet	129		●	●														●										
Sea Urchin Gunkan (1PC)	47							▲	▲									●										
Shrimp and Crab Mountain	101			●			●	●									●	●										
Shrimp Tempura Sushi with Mayonnaise Sauce	112		●	●	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Organic Young Yellowtail	99	●																●										
Large-cut Raw Salmon (1PC)	63																											
Large Salmon Roe Gunkan (2PC)	106			●							●	●						●										
Large Bigeye Tuna (1PC)	64	●																										
Onion and Shrimp with Sesame Dressing	96		●	●			●										●	●		●	●					●		
Onion and Pork Kalbi with Sesame Dressing	115		●	●	●	●		▲						▲	▲	●	●	●	●	●	●			▲		●	●	
Seafood Roll	176		●	●	●	●		●	●		●	●	●	●		▲	●	●	●	●	▲					●	●	
Seafood Yukhoe	122		●	●	●		●									▲	●	●		●						●		
Lean Skipjack Tuna	91	●																										
Fried Fish with Tare Gunkan	132		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Beef Yukhoe Gunkan	128		●	●	●										●			●	▲	●	▲	▲	▲	▲	▲	●		
Seared Wild Extra-fatty Pacific Bluefin Tuna (1PC)	74		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Seared Wild Medium-fatty Pacific Bluefin Tuna (1PC)	68		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Wild Extra-fatty Pacific Bluefin Tuna (1PC)	74	●																										
Wild Medium-fatty Pacific Bluefin Tuna (1PC)	68	●																										
Minced Wild Pacific Bluefin Tuna	103	●																										
Additive-free Sea Urchin (1PC) *Free of four major additives	47	●																										
Superior Fatty Tuna Set	512		▲	●	▲	▲		▲	▲	▲	▲	▲	●	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
5 Kinds of Shellfish Salad	151		●	●				▲	▲									●		●								
Salmon & Scallion-Salt Gunkan	145			●								●						●								●		
Cherry Wood-smoked Yellowtail	116		●	●	●	▲		▲		▲	▲					▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Mackerel & Shiso-Roll	174		▲	●	▲	▲		▲	▲		▲	▲	●			▲	▲	●		▲	▲			▲	▲	▲		
Salted Trout Roe (1PC)	58																											
Salted Trout Roe (2PC)	116																											
Red Rice Prawn Sushi with Salty Sauce	85			●				●										●								●		
Marinated Premium Aged Yellowtail	108			●														●										
Jingisukan Mutton Barbecue Roll	112		●	●	●													●										
Deluxe Crab Assortment	311			▲				▲	●			▲	▲				▲	●			▲							
Outlet with Sauce	197		●	●	●			▲	▲							●	●	●		●								
Octopus Salad	141		●	●	●			▲	▲								●	●		●								
Marinated and Seared Large Bigeye Tuna (1PC)	67		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Marinated Organic Yellowtail	105			●														●										
Marinated Large Bigeye Tuna (1PC)	67			●														●										
Marinated Yellowtail Amberjack	91			●														●										
Wild Yellowtail with Rice Malt	107	●																●										
Wild Yellowtail Yukhoe Gunkan	122		●	●				●										●		●						●		
Wild Yellowtail with Yukhoe Sauce	97			●				●										●		●						●		
Premium Lean Tuna	114	●																										
Extra-large Tuna Gunkan	108	●																										
Melty Salmon	126			●								●						●										
Fatty Red Tuna	196		▲	▲	▲			▲	▲		▲	▲	▲			▲	▲	▲		▲	▲					▲		
Raw Salmon Gunkan	119																											
Raw Salmon (2PC)	104											●																
Hamada's Lips II (Naan with Curry & Sausage Sushi)	180		▲	●	●			▲	▲			▲	●	●	●		●	●		●		●						
Thick Scallop (1PC)	51	●																										
Scallop with Salt and Green Onions Gunkan	101			●					▲									●								●		
Rich Sea Urchin (1PC)	48							▲	▲																			
Yellowtail Amberjack (1PC)	42	●																										
Seared Salt-Aged Medium-fatty Tuna (1PC)	72		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Smoked Yellowtail and Mayo	146		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Special Chirashi Sushi Gift	289		●	●	▲			●	●		▲	●	●	●			●	●		▲								
Popcorn Shrimp Roll	235		●	●	●	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●						●		▲
Genuine Snow Crab (1PC)	36								●																			
Seared Tuna	88			●														●										
Red Sea Bream Tempura Sushi (1PC)	86		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Meatballs	175		●	●	●															●						●		
Kisslip Cuttlefish	69										●																	

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As of May 2, 2025
Side dishes

Item	Calories per dish (kcal)	Not applicable	Egg	Wheat	Milk Ingredients	Peanuts	Buckwheat	Shrimp	Crab	Walnut	Squid	Salmon roe	Salmon	Mackerel	Beef	Chicken	Pork	Soy bean	Orange	Apple	Gelatin	Banana	Kiwifruit	Japanese yam	Peach	Sesame	Abalone	Cashew nut
Sea Lettuce Red Miso Soup	62							▲	▲					●				●										
Sea Lettuce Miso Soup	51							▲	▲					●				●										
Fried Takoyaki	200		●	●	▲	▲		▲	▲	▲	▲	▲	▲	●	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Fried Takoyaki with Sauce	91		●	●	▲	▲		▲	▲	▲	▲	▲	▲	●	▲	▲	▲	●	▲									▲
Fried Takoyaki with Spicy Pollock Roe Mayo	134		●	●	▲	▲		●	▲	▲	▲	▲	▲	●	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Clam Red Miso Soup	52													●				●										
Clam Miso Soup	42								▲					●				●										
Fried Plant-based Fish	346		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Deep-fried Squid Cartilage	95			●	●	▲		▲	▲	▲	●		▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		
Iberian Pork Croquette	180		●	●	●	▲		▲	▲	▲	▲		●	▲	▲	▲	●	●	▲	▲		▲	▲	▲	▲	▲		▲
Mini Sea Urchin and Trout Roe Bowl (with Kura Original Broth)	304		▲	●	●			▲	▲			●		●				●			●					▲		
Sea Urchin Cream Savory Egg Custard	91		●	●	●	▲		●	●		●		●	▲	▲	●	●	●		▲		▲				▲		
Shrimp Tempura Udon	274		●	●	●	▲		●	▲	▲	▲	▲	▲	●	▲	▲	▲	●	▲	▲		●	▲	▲	▲	▲		▲
Shrimp and Broccoli Salad	100		●	●				●						●				●			●		▲	▲	▲	▲		
Sashimi Assortment (Five Kinds)	115		▲	●	▲			▲	▲		●	●	●	▲				●										
Buttered Manila Clams	131				●				▲					●				●				●						
[Amazing Rice Bowl] Freshwater Eel Bowl	611			●										●				●										
[Amazing Rice Bowl] Freshwater Eel Bowl (with Small Serving of Rice)	536			●										●				●										
[Amazing Rice Bowl] Shrimp and Seasonal Tempura Bowl	692		●	●	●	▲		●	▲	▲	●	▲	●	●	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
[Amazing Rice Bowl] Seasonal Seafood Bowl	462		●	●	●			●	●		●	●	●	●				●		●						●	●	
[Amazing Rice Bowl] Premium Freshwater Eel Bowl	846			●										●				●										
[Amazing Rice Bowl] Premium Freshwater Eel Bowl (with Small Serving of Rice)	762			●										●				●										
Fried Tofu Curd Udon	292		▲	●										●				●			●							
Seafood Yukhoe	185		●	●	●			●	●		●		●	●				●		●						●	●	
Japanese Style Rolled Omelet with Lots of Kura Original Broth	198		●	●										●				●			●							
Kura Fried Chicken	190		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
[Fish Only] Salmon (without rice)	54							▲			▲		●	▲				●	▲	▲	▲	▲	▲	▲	▲	▲		▲
[Fish Only] Salt-Aged Tuna (without rice)	37	●												●				●								▲		
[Fish Only] Seared Bonito with Salt and Yuzu (without rice)	48			●	●									●				●		●								
Kura French Fries	396		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Kura French Fries (Black Truffle Sauce)	510		▲	●	▲	▲		▲	▲	▲	●		▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Fried Shrimps	69		▲	●	▲	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Deep Fried Fugu	158		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Dandan Noodles with Sesame	423		●	●	●			●						●	▲	●	●	●		●	●	●				●		
Genuine Red Miso Soup	43								▲					●				●										
Genuine Miso Soup	32													●				●										
Curry Udon topped with Vinegared Rice Tempura	502		●	●	●	▲		●	▲	▲	▲	▲	▲	▲	●	▲	●	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Sweet Curry Udon topped with Vinegared Rice Tempura	509		●	●	●	▲		●	▲	▲	▲	▲	▲	▲	●	▲	●	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Soy Meat Bolognese *Made with ramen noodles	363		●	●	●									●	▲	▲	▲	●				●	▲	▲	▲	▲	●	
Broth and Salt-flavored Fried Chicken	330		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Mini Beltfish Bowl	357		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	●	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Legendary Fried Chicken	358		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Deep-fried Wild Fish	299		▲	●	▲			▲	▲	▲	▲	▲	▲	●	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Natural Broth Udon	227		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲		●	▲	▲	▲	▲		▲
Udon with Wild Fugu Broth	302		●	●				●	●					●				●			●							
Special Curry Croquette	218		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Special Chashu Pork Croquette	176		●	●	●	▲		▲	▲	▲	▲		●	●	▲	▲	●	●	▲	▲	▲	▲	▲	▲	▲	▲	●	▲
Steamed Egg Custard	67		●	●	●	▲		●			●			●	▲	▲	●	●		▲	▲							
Truffle Cream Savory Egg Custard	102		●	●	●			●	●		●		●	▲	▲	▲	●	●			▲	▲						
Truffe Cream Pasta-style Noodles *Made with ramen noodles	418		●	●	●						●				●		●	●										
Shoyu Ramen with Seafood Broth	286		●	●	▲			▲	▲					●	▲	●	●	●			▲	●						
Rich Taste Miso Ramen	285		●	●	▲			▲	▲					●	▲	●	●	●			▲	●				●		
Fried Chicken Cartilage	132		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Bikkurapon! Selected 6-piece Sushi Set	263			●				●			●		●	●				●						▲	▲	▲		
Mug-served Carbonara *Made with ramen noodles	455		●	●	●										▲	●	●	●		▲		▲						
Steamed Egg Custard with Thick Sauce and Shark Fin	82		●	●	●	▲		●	●		●		●	●	▲	▲	●	●		▲		●				▲		
Fried Marinated Tuna	175		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Mini Popcorn Chicken	149		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Japanese Wagyu Beef Croquette	210		●	●	●	▲		▲	▲	▲	▲	▲	●	●	●		▲	●	▲	▲	▲	▲	▲	▲	▲	●		▲
Straw-grilled Bonito	84	●																										
Horse Mackerel Tempura Assortment	187		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Squid Tempura	136		●	●	●	▲					●		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		
Shrimp Tempura	75		●	●	●	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Onion Ring	103		●	●	●			▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲
Cheese Tempura	238		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Fried Corn	194		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲		▲

Kurasushi allergen and calorie information (Please refer to a separate PDF for information on the Uwajima Store.)

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●...Contains allergen
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As of May 2, 2025
Side dishes

Item	Calories per dish (kcal)	Allergens																										
		Not applicable	Egg	Wheat	Milk Ingredients	Peanuts	Buckwheat	Shrimp	Crab	Walnut	Squid	Salmon roe	Salmon	Mackerel	Beef	Chicken	Pork	Soy bean	Orange	Apple	Gelatin	Banana	Kiwifruit	Japanese yam	Peach	Sesame	Abalone	Cashew nut
Hot Cookies & Cream Pie	327		●	●	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	●	▲	●	▲	▲	▲	▲	▲	▲		▲
Hot Chocolate Pie	316		●	●	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Italian Tiramisu	97		●	●	●													●	▲	▲	●	▲	▲		▲	▲		▲
Cut Pineapple	43	●																										
Fully Ripened Apple Mango	88	●																										
Impressive Pudding	197		●		●													●										
Warabimochi	168			▲														●						▲				
Kyoho Grape Sorbet	53	●																●										
Kura Dumplings with Red Bean Paste	160		▲	●	▲	▲			▲									●								▲		
Kura Dumplings Mitarashi	146		▲	●	▲	▲			▲									●								▲		
Strawberry and Cream Daifuku	177				●													●										
Special Fresh Tiramisu	185		●	●	●													●			●					●		●
Crunchy Plentiful Chocolate Ice Cream	116		●	●	●	▲	▲		▲									●	▲	▲	▲	▲	▲		▲	▲		
Freshly Squeezed Chestnut Cake	348		●	●	●	▲			▲									●		▲	▲	▲		▲	▲			▲
Setouchi Lemon Cake	154		●	●	●													●		●								
Candied Sweet Potato Stick	138																	●		●								
Cheese Cake	81		●	●	●				▲						▲			●	▲	●	▲	▲	▲		▲	▲		▲
Chocolate Ice Cream	42				●													●		●								
Chocolate Cake	107		●	●	●				▲									●		▲	▲	▲	▲	▲	▲	▲		▲
Chocolate & Banana Pancake	192		●	●	●													●			●							
Soy Milk Ice Cream	108																	●										
Rich Chocolate Cake	154		●	●	●	▲		▲	▲	▲		▲						●	▲	▲	▲	▲	▲		▲	▲		▲
Sweet Potato Dumplings with Honey *Made with honey	251		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Vanilla Ice Cream	77		●		●																							
Chilled Fruit Assortment	79																	▲										
Pudding Tart	156		●	●	●													●		●								
Fruit Platter (Mango)	95																	▲										
Jiggly Octopus-shaped Jelly	82																	▲								●		
Colorful Fruits Cake Gift	413		●	●	●													●	●	▲	▲	▲	▲	●	▲	▲		▲
Pudding a la Mode with Fruits Gift	452		●	●	●	▲		▲		▲		▲						●	●	▲	▲	▲	●		▲	▲		▲
Hokkaido Frozen Milk Cream Puff	104		●	●	●													●			●	▲						▲
Matcha Cream Anmitsu & Cat Pancake *Made with honey	190		●	●	●	▲		▲		▲		▲						●	▲	▲	●	▲	▲		▲	▲		▲
Milky Mille Crepe	272		●	●	●													●		●								
Mille Crêpe	230		●	●	●					▲								●		▲	●							
Mont Blanc-style Purple Sweet Potato Ice Cream	164		●	▲	●	▲	▲		▲									●	▲	▲	▲	▲	▲		▲	▲		▲
Mont Blanc-style Ice Cream	172		●	▲	●	▲	▲		▲									●	▲	▲	▲	▲	▲		▲	▲		▲
Fluffy Snow Shaved Ice Strawberry	128				●													●										
Fluffy Snow Shaved Ice Strawberry (without Condensed Milk)	102	●																										
Fluffy Snow Shaved Ice with Matcha	215				●													●										
Fluffy Snow Shaved Ice with Matcha (Without Condensed Milk)	188																	●										
Fluffy Snow Shaved Ice Mango	145				●													●										
Fluffy Snow Shaved Ice Mango (without condensed milk)	118	●																										
Amazake Cider	131	●																										
Green Tea with Uji Matcha	3	●																										
Ginger Cider	51	●																										
Super Dry (Draft)	160	●																										
Non-Alcoholic Beer	27																	●										
Dry Premium (Medium Size Bottle)	240	●																										
Probiotic Drink	76				●													●										
Low-Alcoholic Plum Wine	69	●																										
Mug of Whisky & Soda	69	●																										
Junmai Harushika (Super Dry)	193	●																										
Bottled Beer	210	●																										
Grape Cider	62	●																										
Premiere Iced Coffee	36				●													●										
Premiere Iced Caffè Latte	92				●																							
Premiere Hot Coffee	28				●													●										
Premiere Hot Caffè Latte	83				●																							
Maru F Beer	156	●																										
Mandarin Juice	74	●			●																							
Mandarin Cider	193																											
Melon Cider	112	●																										
Organic Wine	131	●																										
Apple Juice	82																			●								
Muten-Kura (Japanese Cold Sake)	200	●																										

Kurasushi allergen and calorie information (Please refer to a separate PDF for information on the Uwajima Store.)

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▲... Manufactured on equipment used to manufacture products containing

As of May 2, 2025

Other

[illegible]

Kurasushi allergen and calorie information (Please refer to a separate PDF for information on the Uwajima Store.)

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As of May 2, 2025
Hands-Hands Project

●●●●●Contains allergen
▲●●●●Manufactured on equipment used to manufacture products containing

Item	Calories per dish (Kcal)	Not applicable	Egg	Wheat	Milk Ingredients	Peanuts	Buckwheat	Shrimp	Crab	Walnut	Squid	Salmon roe	Salmon	Mackerel	Beef	Chicken	Pork	Soy bean	Orange	Apple	Gelatin	Banana	Kiwifruit	Japanese yam	Peach	Sesame	Abalone	Cashew nut
Ajideji	135		●	●	●	●		▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲		▲
Erizos (Sea Urchin with Lime)	25			●				▲	▲									●										
Ensalada de Feria	75		●	●				●	▲					▲			▲	●		●	▲							
Gai Yang	61		●	●	●											●		●										
Roast Duck with Truffle Sauce	102		▲	●	●	▲		▲	▲		●							●										
Sausage with Curry Ketchup	151			▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Cauliflower Nuggets	173		●	●	●	▲		▲	▲		▲	▲	▲	▲	▲	▲	▲	●	▲	▲	●	▲	▲	▲	▲	▲	▲	▲
Carne Asada (Roast Beef Steak)	53		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	●	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Ganjang Saewoo	54			●				●						●				●		●						●		
Fried Cassava	144		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Kebab	80		●	●	●										●	●	▲	●										
Coconut Fish Salada	109			●														●										
Sunday Roast	48		▲	●	●	▲		▲	▲	▲	▲	▲	▲	▲	●	●	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲
Sambal Udang	98		▲	●	▲	▲		●	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Cold Borscht	172		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Soup Meat	249		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	●	●	▲	●	▲	▲	●	▲	▲	▲	▲	▲	▲	▲
Danish Open-Faced Sandwich	141		▲	●	●			▲		▲	▲		●	▲	▲	▲	▲	●	▲	▲	▲	▲				▲	▲	
Ceviche	64			●														●										
Meatball with Tomato Sauce	194		●	●	●										●	●	▲	●		●	▲			▲		▲		
Octopus Salad	50							▲			▲							●										
Doubles	155		▲	●	▲	▲		▲	▲	▲	▲	▲	▲	▲	●	▲	●	●	▲	●	▲	●	▲	▲	▲	▲	▲	▲
Tagliata	47			●	●										●	▲	▲	●		●								
Chicken Adobo	87		●	●	●				▲					▲		●	▲	●				▲						
Moambe Chicken	136		●	●	●	●		▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Qofte	103		●	●	●										●	●	▲	●		●								
Chili Crab	31		▲	●	▲	▲		▲	●	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Fresh Spring Rolls	48							●																				
Norway Salmon Carpaccio	67												●															
Soused Herring	59			●														●										
Papa Criolla with Hogao Sauce	79		▲	▲	▲	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Habanero Chicken	54		●	●	●											●		●										
Jamon Serrano (Spanish Cured Ham)	31																●											
Hamburger	275		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Piadina	105			●	●												●											
Picante de Pollo	75		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Falafel	140		●	▲	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	●	▲	▲	▲	▲	▲	▲	▲	▲
Fried Tilapia	54		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Pescado Con Coco	69		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Poke	121			●														●		●						●		
Boxty (Potato Pancake)	62		●	●	●													●	▲	●	▲					▲		
Pollo Asado (Roast Chicken)	69		●	●	●											●		●										
Maquereau	109			●										●				●										
Malakoff	244		●	●	●	▲		▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲
Meatballs	197		●	●	●										●	●	▲	●		●	▲			▲		▲		
Micronesian Chicken	64		●	●	●											●		●										
Roast Beef	49			●	●										●	●	▲			●								
Ropa Vieja (Stewed Lean Meat)	54		●	●	●										●	●		●		●								

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As of May 2, 2025

Hands-Hands Project

		Cashew nut	Ablone	Sesame	Peach	Japanese yam	Kiwifruit	Banana	Gelatin	Apple	Orange	Soy bean	Pork	Chicken	Beef	Mackerel	Salmon	Salmon roe	Squid	Walnut	Crab	Shrimp	Buckwheat	Peanuts	Milk ingredients	Wheat	Egg	Not applicable	Calories per dish (kcal)	Item
	144											●											▲		▲	▲			144	Aho
	166											●	▲	▲						▲				▲		●	●		166	Alfajores
	121								●	▲	▲	●					▲				▲	▲			▲		●	●	121	Umm Ali (Bread Pudding with Nuts)
	176								●	▲	▲	●													●	●		176	Egg Tart	
	174																								●	●	●		174	Canelé
	73							●	●			▲													●			73	Yogurt with Honey and Fruits *Made with honey	
	104			▲	▲				●	▲	▲	●													●	▲		104	Guatemala Coffee Jelly	
	363			●	●	▲	▲	▲	▲	▲	▲	●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	●	●		363	Keke (Round Donuts)
	225			●	●	▲	▲					●								▲					▲	●		225	Mooncake *Made with honey	
	90			▲	●				●	▲	▲	●													●	●		90	Coffee Jelly	
	219			●	●							●													●	●		219	Coffee Tart	
	150				▲	▲																	▲					150	Kolak Labu	
	117				●	●	▲													▲						●		117	Thiakry	
	120			●	●	●	▲					●	▲	▲	▲		▲				▲			▲	▲	●	●		120	Banana Bread Pudding *Made with honey
	367			●	●	▲	▲					●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		▲	●		367	Papanasi (Donuts with Sour Cream)	
	172			▲	●	●						▲			▲			▲							●	●		172	Pappa Roti	
	141			●	●	●						●													●	●		141	Belgian Waffle *Made with honey	
	127			●	●	●															▲	▲			●	●		127	Pao de Queijo	
	134			●	●	●						●										▲			●	●		134	Madagascar Vanilla Pancake	
	94				▲	●			▲			●											▲		●			94	Malabi (Milk Pudding with Rose Sauce)	
	386			●	●	●	▲			▲	▲	●		▲	▲	▲	▲	▲	▲	▲	▲	▲			●	●		386	Misty	
	80			●	●	●						●						▲							●	●		80	Maple Pancake	
	380			●	●	●	▲					●	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲	▲		●	●		380	Lukaimat	